

Which COVID-19 vaccine do I need?

The coronavirus is not going away. It is still important to protect yourself and people in vulnerable health against serious illness from COVID-19. Getting a coronavirus vaccine can make a big difference.

I have not yet been vaccinated

Get the basic COVID-19 vaccination series. This consists of two jabs of the original BioNTech/Pfizer vaccine, or one jab if you have already had the coronavirus. If you do not want an mRNA vaccine, you can also opt for two jabs of the Novavax vaccine or one jab of the Janssen vaccine. You can get a repeat vaccination once three months have passed after you received the basic series.

I have had the basic COVID-19 vaccination series

Get a repeat vaccination with the updated BioNTech/Pfizer mRNA vaccine at least three months after your last vaccination or possible infection with COVID-19. If you cannot get vaccinated with an mRNA vaccine for medical or personal reasons, the Janssen or Novavax vaccine provides an alternative.

I have had the basic COVID-19 vaccination series and the repeat vaccination

If you received a repeat vaccination after 18 September 2022, then you are sufficiently protected against becoming seriously ill from COVID-19 at this time. If you have not received a repeat vaccination after 18 September 2022, then you can still do so. You will get a repeat vaccination with an updated vaccine. This protects you against more variants of the coronavirus.

I do not want an mRNA vaccine (BioNTech/Pfizer or Moderna)

Get Janssen (vector vaccine) or Novavax (protein-based vaccine) instead. These are alternatives if you do not wish to be vaccinated with an mRNA vaccine. The Janssen vaccine is available to those aged 18 and older. The Novavax vaccine is available to those aged 12 and older. Both can only be obtained by appointment.

I have a severe immune disorder

Please consult your medical specialist as to which coronavirus jabs you need.

Getting a COVID-19 jab

- For the basic series, please call 0800 7070 or visit prikkenzonderaafspraak.nl.
- For the repeat vaccination, please visit planjeprik.nl or prikkenzonderaafspraak.nl, or call 0800 7070.
- For Novavax, please call 0800 0174.
- For Janssen, please call 0800 1295.

Follow the advice to prevent respiratory infections, even if you have been vaccinated.

Do you have symptoms associated with respiratory infections, such as a cough, sneezing, a sore throat or a runny nose?

- Stay at home when you are ill.
 - If your symptoms are mild, discuss with your employer whether you can work from home.
 - If you have symptoms, avoid physical contact with people who may become seriously ill from a respiratory infection.
 - If you cannot avoid physical contact, for example because you are an informal carer, you should wear a face mask.
 - Cough and sneeze into the crook of your elbow and wash your hands thoroughly and often with soap and water, even if you have no symptoms.
- Make sure that all rooms inside your home are properly ventilated.



Additional information

Please visit coronavaccinatie.nl to find out which COVID-19 vaccine is recommended for you and how and when to get it.

Doubts, concerns or questions

If you have any doubts, concerns or questions, please visit the mijnvraagovercorona.nl website or call 0800 7707707 to speak to an independent healthcare professional.