



Rijksinstituut voor Volksgezondheid  
en Milieu  
Ministerie van Volksgezondheid,  
Welzijn en Sport

> Return address PO Box 654 2700 AR Zoetermeer (NL)

Name  
Street 1  
1010 AA City/Town

PO Box 1  
3720 BA Bilthoven (NL)  
www.rivm.nl

Chamber of Commerce  
Utrecht 30276683

**Enclosure(s)**  
Information about vaccination  
and  
national registration  
Health statement

RE: your invitation for COVID-19 vaccination

Dear <<Mr/Ms>> <<LastName>>>,

A COVID-19 vaccine is available for you. You can make an appointment now. This letter explains how to make an appointment. It is up to you to decide if you want to get vaccinated. It is free.  
Have you already had a COVID-19 vaccination? Then you can throw this letter away.

### There are 2 ways to make an appointment

#### 1. By computer (24 hours a day)

- Go to:  
[www.coronavaccinatie-afspraak.nl](http://www.coronavaccinatie-afspraak.nl)
- Sign in with your DigiD.
- Answer questions about your health.
- Choose a location, date and time.
- You will receive an email with the details of your appointment.

#### 2. By phone (from 8:00 to 20:00)

- Look up your citizen service number (BSN). This number is in your passport, on your ID card and on your driving licence.
- Call the number in your invitation (local calling costs apply).
- Answer questions about your health.
- Set a date and time.
- You will receive an email with the details of your appointment or, if you do not have a computer, you can write the information down on paper.

Make an appointment right away, so you will know when it is your turn. If you are ill, or are going to have an operation within 2 days, you must wait until you are better before making an appointment.

### Questions about your health

When you make an appointment, we ask you questions about your health. A list of questions is also enclosed with this letter. Complete the list at home, and take it along to your appointment.

**Where will you be vaccinated?**

You will be vaccinated by the Municipal Public Health Services (GGD).  
When you make the appointment, you will hear where to go.

**How many vaccinations?**

You will get 1 or 2 jabs. That depends on which vaccine you will receive.  
When you make the appointment, the first and the second vaccination will be planned.

If you had COVID-19 before you will only get 1 jab. Mention this when you make your appointment.

**Important to remember for your appointment**

- Wear a face mask.
- Wear clothes that make it easy to uncover your upper arm.
- Bring along the completed list of questions.
- Bring along your ID. (passport, driving licence or ID card)
- Come alone if you can. If you need help, you may bring someone with you.

**More information?**

More information about the vaccination and the side-effects is enclosed with this letter.

Or go to the website at [www.coronavaccinatie.nl/translations](http://www.coronavaccinatie.nl/translations).  
You can also telephone 0800-1351 (local calling costs apply).

Kind regards,



J.A. van Vliet, MD  
*programme manager for COVID-19 vaccination, RIVM*

# Health Questionnaire

## Coronavirus vaccination

This questionnaire contains questions about your health.

Complete this questionnaire at home.

Take the completed questionnaire with you to your vaccination appointment.

Information in other languages: [www.coronavaccinatie.nl/translations](http://www.coronavaccinatie.nl/translations)

### Coronavirus

- 1. Did you test positive for the coronavirus in the 8 weeks before your vaccination appointment?**  yes  no

If so, please reschedule your appointment. Call the National Vaccination Appointment Number (see your invitation).
- 2. Do you have a fever of 38 degrees or higher on the day of your vaccination?**  yes  no

If so, please reschedule your appointment. Call the National Vaccination Appointment Number (see your invitation).
- 3. Do you have any coronavirus symptoms on the day of your vaccination?**  yes  no

**Examples: A cold, a cough, difficulty breathing, a temperature or fever, trouble smelling or tasting.**

If so, please reschedule your appointment. Call the National Vaccination Appointment Number (see your invitation). You should also get tested for the coronavirus.
- 4. Are you in quarantine because of the coronavirus on the day of your vaccination?**  yes  no

**Examples: You have been in contact with someone with the coronavirus; you received a notification from the CoronaMelder app; you have taken a coronavirus test and you are still waiting for the result; you were traveling in an orange or red area.**

If so, please reschedule your appointment. Call the National Vaccination Appointment Number (see your invitation).
- 5. Do you have an appointment for another vaccination in the week before or after your coronavirus vaccination?**  yes  no

If so, please reschedule your appointment. Call the National Vaccination Appointment Number (see your invitation).

### Operations

- 6. Will you be having an operation under anaesthesia within 2 days of your vaccination?**  yes  no

If so, please reschedule your appointment. Call the National Vaccination Appointment Number (see your invitation).

### Pregnancy

- 7. Are you pregnant?**  yes  no

**If pregnant: even then you can be vaccinated; you will receive an mRNA vaccine.**

If you have any questions about this, please ask your midwife, gynecologist or attending physician. You can also participate in a study on pregnancy and vaccination, if you like. Please register at [moedersvanmorgen.nl](http://moedersvanmorgen.nl).

### Medical

- 8. Have you ever fainted after a vaccination?**  yes  no

You can go to the vaccination site. When you get there, you will meet with a doctor or nurse to make sure your vaccination goes well.
- 9. Have you ever had a severe allergic reaction, for example to medicine or food?**  yes  no

**If so, what were you allergic to? .....** **Were you treated for this?**  yes  no

You can go to the vaccination site. When you get there, you will meet with a doctor or nurse to make sure your vaccination goes well.

10. Do you have (or have you had) breast cancer?

yes  no

If so, you can go to the vaccination site. When you get there, you will meet with a doctor or nurse to make sure your vaccination goes well.

Which breast was affected?

- Left breast  
 Right breast

11. Are you using blood thinners or anticoagulants?

yes  no

If so, you can go to the vaccination site. When you get there, you will meet with a doctor or nurse to make sure your vaccination goes well.

Which blood thinner did you use in the past week? .....

What dose did you use in the past week? .....

If you do not know this, ask your pharmacy.

Your pharmacy can provide you with a list of your blood thinners.

12. Are you undergoing treatment at the Thrombosis Service?

yes  no

If so, make an appointment for your vaccination. Then call your own Thrombosis Service as soon as possible to ask whether you should get your vaccination or postpone it.

**Important:** you will only receive a vaccination if you have called your Thrombosis Service.

13. Do you have a bleeding disorder?

yes  no

If so, please call the GGD's Vaccination Medical Information Line at 088 767 40 80.

Do this before coming to your appointment.

Please tick below which bleeding disorder you have:

- Haemophilia  
 Von Willebrand disease  
 Low platelet count (thrombopathy/thrombocytopenia)  
 Other .....

14. Have you ever had an epileptic seizure during a fever or after a vaccination?

yes  no

If so, first call the GGD's Vaccination Medical Information Line at 088 767 40 80.

Do this before coming to the appointment.

You should only complete this question if you have made two coronavirus vaccination appointments and you have already received your 1st vaccination:

15. Did you develop allergic symptoms after your first coronavirus vaccination?

yes  no

If so, which?

- Itching, redness or hives all over your body  
 Thick tongue, lips, throat, or face  
 Trouble breathing or shortness of breath  
 Stomach pain, diarrhoea, nausea or vomiting

Did you tick 1 box with health complaints?

You can go to the vaccination site. When you get there, you will meet with a doctor or nurse to make sure your vaccination goes well.

**Please note:** was your allergic symptom so severe that you had to take medication, or that you had to get medical attention? Then call the GGD's Vaccination Medical Information Line at 088 767 40 80. They will tell you whether you should get your 2nd vaccination.

Did you tick 2 or more boxes with health complaints?

Then call the GGD's Vaccination Medical Information Line at 088 767 40 80. They will tell you whether you should get your 2nd vaccination.

**Please note:** Do you have an illness or are you taking any medications not included in this questionnaire? Then you can get vaccinated. You can find more information on the RIVM's website: [rivm.nl/coronavaccinatie](http://rivm.nl/coronavaccinatie). If you still have questions, please call the GGD's Vaccination Medical Information Line at 088 767 40 80.





# Information about the vaccination against COVID-19



## Why get a jab against COVID-19?

Some people become very ill from COVID-19. They get a high fever and have difficulty breathing. They often need to go to hospital. They may also keep feeling tired for a very long time.

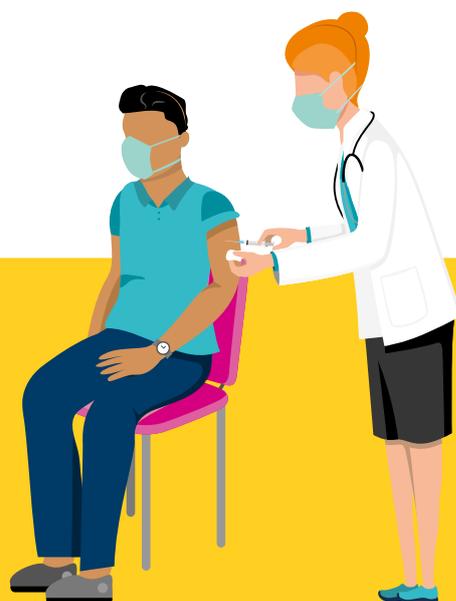


## What does the vaccine do?

The vaccine protects you from the coronavirus. The vaccination causes you to make antibodies against the virus. This helps your body recognise the virus after vaccination. Then your body can kill the virus quickly. You will be less seriously ill, or you will not become ill at all.

### 1 or 2 vaccinations

You will get 1 or 2 vaccinations. That depends on which type of vaccine you receive. If you tested positive for COVID-19 before, you will also get 1 vaccination. You will get the jabs in your upper arm.



## Side-effects

Like other vaccines, this jab may cause some symptoms after the injection.

- Pain at the injection site
- Headache
- Tiredness
- Muscle aches
- Fever

These symptoms usually last for 1 to 3 days. These side-effects mean that your body is making COVID-19 antibodies.

If you have a lot of symptoms, call your doctor.



## Are you pregnant?

Then you can be vaccinated against COVID-19 with the Pfizer or Moderna vaccine. If you are pregnant, you have a higher risk of becoming seriously ill if you get COVID-19.

The vaccine is safe for you and for your unborn child. Call your GP or midwife for advice if you have questions.



## Information about the vaccine

See [www.rivm.nl/en/covid-19-vaccination/covid-19-vaccines](http://www.rivm.nl/en/covid-19-vaccination/covid-19-vaccines) for information about the different vaccines.

## **Your personal data and RIVM**

RIVM keeps track of which people receive which vaccinations. If you agree to this, RIVM will receive information about your vaccination.

That is important, because:

- RIVM will know how many people received a vaccination.
- The more people who have been vaccinated, the less the virus will be able to spread and make people ill.
- RIVM is also researching how long the vaccine works and how well it works.  
If RIVM has your details, they can contact you if there is new information about side-effects.

## **What does RIVM want to know about you?**

- Your date of birth
- Your citizen service number (BSN)
- Your first and last name
- Your address
- The date and location of your vaccination
- The name of the vaccine and the batch ID

## **What should you do?**

If you use your computer to make an appointment, you will be asked if you give us permission to retain your data. You can select yes or no.

If you call to make the appointment, we will ask you this question.

Even if you do not want RIVM to retain your data, you will still receive your vaccination.

## **How long your data is retained**

RIVM will retain your data for 20 years. This is specified by law. Only people who are implementing the vaccination programme can view your data. Researchers will also be able to view some data, but only anonymously. That means they will not see any of your personal data.

You can also state later that you do not want RIVM to retain your data. Go to [mijn.rivm.nl/vaccinaties](https://mijn.rivm.nl/vaccinaties). You will need your DigiD.

## **More information**

If you would like to know more about data usage and safety, go to [coronavaccinatie.nl/translations](https://coronavaccinatie.nl/translations).