



Ministry of Foreign Affairs



mind the mind now

International Conference
on Mental Health and
Psychosocial Support in
Crisis Situations 2019

Programme

Conference points of contact

On both conference days, staff members will be present at the venue, recognisable by their yellow 'staff' badges.

Please don't hesitate to ask them any questions regarding the conference.

In case of urgent issues that require the attention of the conference organisation, please contact Maria Renwarin at +31 6 525 038 13.

Conference venue

KIT Royal Tropical Institute
Address: Mauritskade 63,
1092 AD Amsterdam

WiFi at the venue

Network name: conferences & events
Password: welcometokit

Cloak room at the venue

A coat check is available.

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112 is the Netherlands' universal emergency number for urgent assistance from police, ambulance or fire services.

Amsterdam taxi

Amsterdamse Taxi Centrale:
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Amsterdam public transport

The closest tramway stop, Alexanderplein, is right across the bridge in front of the KIT building.

- For the city centre, take tram 14 in the direction of Central Station.
- For Museumplein and Leidseplein, take tram 19 in the direction of Sloterdijk.

Stops are announced in English.

Single tickets, valid for 1 hour, can be purchased from drivers/conductors using debit/credit cards or contactless payment (no cash).

For other destinations in or outside Amsterdam, please check out the national public transport website, www.g2g2ov.nl.



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www.mhpss2019.nl
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**Download the MHPSS conference app:
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Foreword

Psychosocial support is just as important as food, water and shelter. It is a basic human right, and we are currently failing to provide it to those who need it most. This is one of the largest public health crises in the history of humanitarianism, and yet it is being overlooked. For too long the international community has sidelined and ignored the importance of mental health in humanitarian and development aid. I hope that this conference will prove to be a turning point. That is why I am deeply grateful for your presence here in Amsterdam.

This is the first high-level conference on mental health and psychosocial support (MHPSS) in crisis situations, and I am humbled that so many experts, representatives, and people with lived experience have travelled here to make it a success. Their voices need to be heard, so that we might find words for what has previously gone unspoken.

This topic has never been given the urgency and attention it warrants. One in five people living in an area affected by conflict is estimated to suffer from mental health issues. One in eleven who have experienced war or conflict will eventually have a moderate or severe mental disorder. In countless cultures it is taboo to speak openly about such conditions and the pain they cause. Many suffer in silence, their voices unheard by those who might be able to help.

Despite the urgent need, only a tiny fraction of development aid is allocated to psychosocial support. This makes MHPSS one of the largest unaddressed global health issues today. If we truly want to help a post-conflict society heal, we shouldn't just repair bombed bridges and infrastructure, we should also help people mend their broken souls. This is a daunting task, since the trauma of war endures long after the last shot is fired.

We must work to ensure that this mental health crisis is acknowledged and addressed. Over the past few months, many experts and professionals in the field have dedicated much of their time and energy to make the next two days a success. I am confident that if we can bring this spirit of hope and commitment into this conference, we can begin to resolve this serious omission and finally help those who have for too long suffered in silence.

Sigrid Kaag

Minister for Foreign Trade and International Cooperation



Programme

- **Plenary programme** – Queen Máxima Hall
- **Breakout sessions** – Breakout 1-5
- **Connect & Exchange** – Basement

All day Connect & Exchange

Showcases of
MHPSS activities
by humanitarian
organisations

DAY 1 | Monday, 7 October

SEGMENT 1 | Opening and setting the stage

09.00 – 10.45

Introduction

Moderator: Fionnuala Sweeney

Welcome to KIT Royal Tropical Institute

Mark Schneiders CEO of KIT Royal Tropical Institute

Handover from the 2018 London MHPSS Summit

Tim Kendall National Clinical Director for Mental Health (England)

Opening speech

Sigrid Kaag Minister for Foreign Trade and Development Cooperation (Netherlands)

The importance of continuity: UK, Netherlands, France

Frank Bellivier Ministerial Delegate for Mental Health and Psychiatry (France)

From global mental health to MHPSS in crisis situations

Peter Maurer President of the International Committee of the Red Cross (ICRC)

Panel discussion: Voices from the field

Examples from Afghanistan, Sri Lanka and Uganda

Zaki Omari (Afghan Red Crescent Society)

Jeyatheepa Punniyamoorthy (Office on Missing Persons, Sri Lanka)

Sylvia Acan (Golden Women Vision / SEMA Global Network, Uganda)

10.45 – 11.15

Coffee/tea

SEGMENT 2 | Scaling up and scaling deep of MHPSS in crisis situations

11.15 – 12.30

TED-like talk: The importance of staff support

Fabrizio Hochschild *Special Adviser on the Preparations for the Commemoration of the United Nations' 75th Anniversary*

Panel discussion: **Scaling up MHPSS & task shifting**

Country experience: Lebanon – Building back better

Rabih El Chammay *(National Mental Health Programme, Lebanon)*

Country experience: Sri Lanka MHPSS – MHPSS preparedness

Ananda Galappatti *(MHPSS.net / GIZ, Sri Lanka)*

STRENGTHS project: Scaling up psychological interventions with Syrian refugees

Marit Sijbrandij *(WHO / VU Amsterdam, Netherlands)*

From English and economy student, to refugee, to MHPSS worker

Abdul Karim Albrem *youth advisor, UNHCR advocate (Syria/Germany)*

Friendship Bench, Zimbabwe

Dixon Chibanda *(Zimbabwe, London School of Hygiene and Tropical Medicine)*

Helpline, Yemen

Bilqis Jubari *(Family Counselling and Development Foundation, Yemen)*

12.30 – 14.00

Lunch

14.00 – 16.45

Parallel in-depth breakout sessions (see pages 19-23)

Breakout 1 Scaling up MHPSS during and after emergencies

Breakout 2 Workforce development

Breakout 3 Investment in MHPSS

Breakout 4 A just and inclusive society

Breakout 5 Research and innovation

17.00

Drinks & visual feedback on the breakout sessions

- **Plenary programme** – Queen Máxima Hall
- **Breakout sessions** – Breakout 1-5
- **Connect & Exchange** – Basement

All day Connect & Exchange

Showcases of
MHPSS activities
by humanitarian
organisations

DAY 2 | Tuesday, 8 October

SEGMENT 3 | Specific needs and situations

07.45 – 08.30 **Registration and security check**

08.30 – 09.00 **Welcome and opening**

09.00 – 11.45 Parallel in-depth breakout sessions (see pages 24-29)

- Breakout 1** Children, adolescents and their families
- Breakout 2** MHPSS during public health emergencies
- Breakout 3** Staff support
- Breakout 4** Addressing gender-based violence
- Breakout 5** Mobilising displaced and host communities to support MHPSS

11.45 – 13.15 **Lunch**

SEGMENT 4 | High-level event

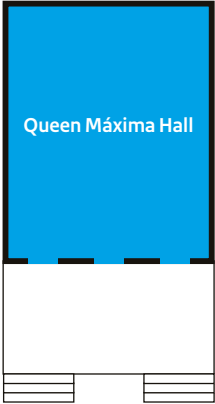
13.30 – 14.45 **Introduction**
Moderator: Fionnuala Sweeney

Welcome and opening
Sigrid Kaag *Minister for Foreign Trade and Development Cooperation (Netherlands)*

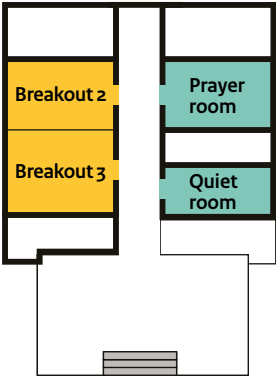
Keynote speech
Sir Mark Lowcock *United Nations Under-Secretary-General for Humanitarian Affairs and Emergency Relief Coordinator*

	<p>TED-like talk: From growing up during conflict to star ballerina in the Netherlands <i>Michaela DePrince</i> (Sierra Leone) soloist at Dutch National Ballet</p> <p>Panel discussion</p> <p>Experience from Syria <i>Heba Alibrahim</i> psychology student (VU Amsterdam)</p> <p>The importance of MHPSS <i>Princess Mabel van Oranje</i> chair of Girls Not Brides and VOW – to End Child Marriage</p> <p>Red Cross/Red Crescent Movement experiences & commitments <i>Elhaj As Sy</i> Secretary-General of the International Federation of Red Cross and Red Crescent Societies (IFRC)</p> <p>World Health Organisation (WHO) experiences & commitments <i>Ren Minghui</i> Assistant Director-General, Universal Health Coverage / Communicable and Non-Communicable Diseases World Health Organisation (WHO)</p> <p>Performance <i>Aeham Ahmad</i> ‘the pianist of Yarmouk’</p>
14.45 – 15.45	Break
15.45 – 17.20	<p>Commitment session opening statement <i>Christos Stylianides</i> European Commissioner for Humanitarian Aid and Crisis Management (ECHO)</p> <p>Commitments, 3 minutes per guest, facilitated by moderator High-level guests</p>
17.20 – 17.30	<p>Closing and handover to France (2020) <i>Minister Sigrid Kaag</i></p>
17.30	Drinks

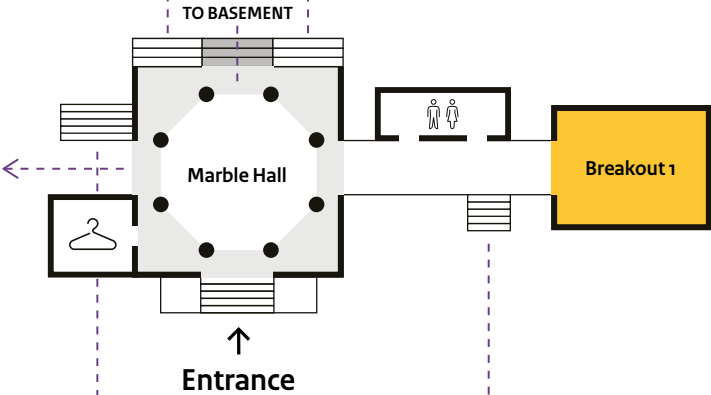
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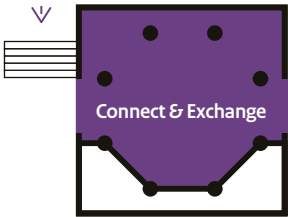
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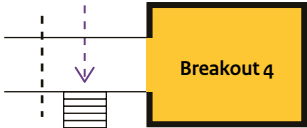
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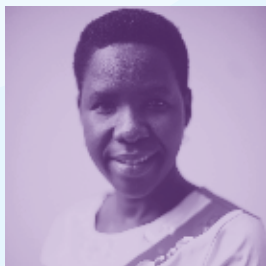
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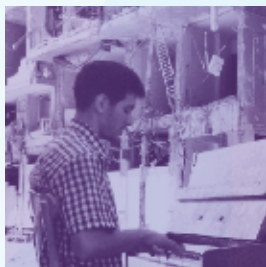


Plenary speakers



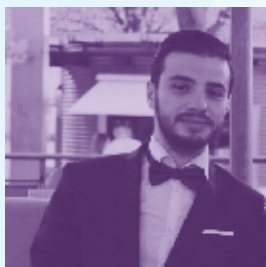
Panelist

Sylvia Acan is a war survivor from Uganda. She founded and leads Golden Women Vision in the Gulu District, Northern Uganda, which supports other war survivors and trains them on access to justice. She is an activist to end gender-based violence and the use of rape as a weapon of war in Uganda. She is a member of SEMA Global Network of Victims and Survivors to End Wartime Sexual Violence. Her background is in social work and social administration.



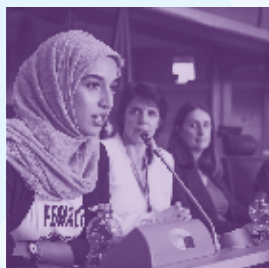
Pianist

Aeham Ahmad is known as 'the pianist of Yarmouk', the refugee camp where he lived with his family. He graduated from the conservatoria in Damascus and Homs. Risking his life, he played his piano in the streets to transmit a little hope and joy to the people. In spring 2015, Islamists who imposed a ban on music burned his instrument in front of his eyes. Since then, his life was under serious threat. He was forced to flee from Syria without his wife and two sons and now lives in Munich.



Panelist

Abdul Karim Albrem fled the Syrian war in 2015 to seek asylum in Germany, supporting a group of unaccompanied children on the move and assisting them to locate their families in Europe. He is Chair of the National Youth Advisory Board of Refugees for Addiction and Trauma in Germany, as well as Youth Representative for Plan International and Youth Ambassador at UNHCR. He has been instrumental in facilitating consultations and advocating for the adoption and implementation of minimum standards for protection of vulnerable refugees in camps.



Panelist

Heba Alibrahim, of Syrian origin, is a psychology student at VU Amsterdam and a humanitarian, youth and refugee advocate. A member of the Child Helpline International Youth Advisory Council, she works with other experts on engagement and inclusion projects for children on the move and in humanitarian situations. She has experience at national and international levels, including developing an e-learning programme, 'Can't Wait to Learn,' with War Child Holland, and participating in the 'ACT to Protect' campaign at the European Parliament.



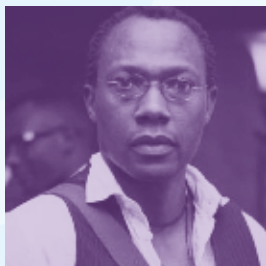
Speaker

Prof. Frank Bellivier is Ministerial Delegate for Mental Health and Psychiatry of the French Ministry of Health and leads a research team on neuropsychopharmacology of bipolar disorders and addictions at the Institut National de la Santé et de la Recherche Médicale. He has a medical degree from the René Descartes University of Paris and was Professor of Adult Psychiatry at Denis Diderot University in Paris. He has led collaborative research programmes and received several research prizes.



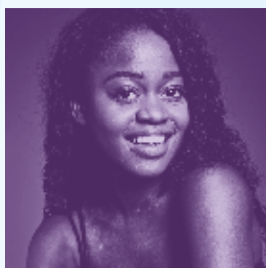
Panelist

Dr. Rabih El Chammay, a psychiatrist, heads the National Mental Health Programme at the Ministry of Public Health in Lebanon. He founded this programme and led its development. He is overseeing the implementation of the first National Mental Health and Substance Use Strategy 2015-2020 aiming at reforming the Mental Health System in Lebanon towards community-based mental health services in line with human rights and latest evidence. He worked for a variety of international humanitarian agencies.



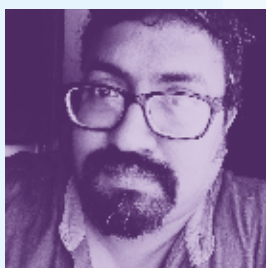
Panelist

Prof. Dixon Chibanda is principal investigator of the Friendship Bench and Director for AMARI: African Mental Health Research Initiative. Having started in Harare in 2007, he conceptualized the first Friendship Bench intervention, which has now been refined using randomized controlled trials and is being scaled up to over 60 primary healthcare clinics in Zimbabwe. He has been involved in mental health research and implementation for many years and is a key player in forming successful collaborations at local, national and international levels.



Speaker

Michaela DePrince was born in Sierra Leone and grew up in the US. She graduated from the American Ballet Theatre Jacqueline Kennedy Onassis School, New York, in 2012. Since 2016, she is a soloist at Dutch National Ballet, where she started her career in the Junior Company in 2013. With her adoptive mother, Elaine DePrince, she wrote the book 'Taking Flight: From War Orphan to Star Ballerina.' Michaela is an ambassador of War Child and is committed in other ways to give war children a future.



Panelist

Ananda Galappatti is a medical anthropologist and practitioner in the field of MHPSS in situations of conflict, disaster and poverty. For over 20 years, he has worked to improve access to knowledge and skills, build collaborative networks and enhance coherence within the field in Sri Lanka and globally. He is co-director of the global online platform MHPSS.net and director of strategy at The Good Practice Group, a social business for developing MHPSS services. He also serves as a technical advisor on psychosocial support at GIZ Sri Lanka.



Speaker

Fabrizio Hochschild, Special Adviser on the Preparations for the Commemoration of the United Nations' 75th Anniversary, is heading the Secretary-General's vision for a global citizen conversation ahead of the celebrations in 2020. He has diversified UN senior leadership experience, both at HQ and in various field settings, including the Executive Office of the Secretary-General, the peacekeeping mission in Central African Republic, the Development Programme in Colombia, and the Field Personnel Division. He has published on topics including leadership, protection of civilians, transitional justice and reconciliation.



Panelist

Dr. Bilqis Jubari founded and chairs the Family Counselling and Development Foundation in Yemen. She has served as a lecturer and psychology professor at Sana'a University since 1998 and held various educational, counselling, and managerial positions at knowledge organisations in the USA and Yemen. She was consultant and therapist at INTERSOS; consultant and trainer at the Social Fund for Development (SFD); and consultant and therapist at Moassat Ossrati. She participates in several Egyptian and Yemeni academic institutions and NGOs for the promotion of mental health and women empowerment.



Opening speaker

Sigrid Kaag is the Dutch Minister for Foreign Trade and Development Cooperation (appointed 2017). She started her career at Shell and then worked at the Ministry of Foreign Affairs. She subsequently held a series of international positions, including at UNWRA (UN Relief and Works Agency), IOM (International Organisation for Migration), UNICEF and UNDP. From 2013 to 2014 she served as Under-Secretary-General and Special Coordinator of the UN Organisation for the Prohibition of Chemical Weapons.



Speaker

Prof. Tim Kendall, National Clinical Director for Mental Health for the NHS in England, provides clinical advice and strategy in mental health across government and the NHS, chairs national committees to implement national mental health strategy, and leads programmes on suicide reduction, talking therapies and digitalisation. He hosted the first Global Ministerial Summit on Mental Health in London in October 2018. He continues working as a consultant psychiatrist for the homeless in Sheffield and is a strong advocate for inclusion of people with lived experience.



Keynote speaker

Sir Mark Lowcock is Under-Secretary-General for Humanitarian Affairs, Office for the Coordination of Humanitarian Affairs (OCHA), and Emergency Relief Coordinator. He brings over 30 years of experience leading and managing responses to humanitarian crises across the globe, as well as wider strategic leadership in the international development arena. As Permanent Secretary at the Department for International Development (DFID), he led the UK's humanitarian response to conflicts in Syria, Iraq and Libya. He served in other positions and countries worldwide.



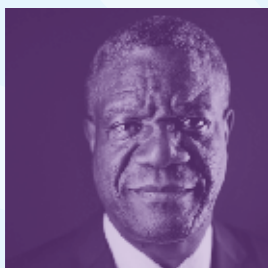
Keynote speaker

Peter Maurer is President of the International Committee of the Red Cross (ICRC), which carries out humanitarian work in over 80 countries. His priorities for his presidency include strengthening humanitarian diplomacy, engaging states and other actors for the respect of international humanitarian law, and improving the humanitarian response through innovation and new partnerships.



Panelist

Dr. Ren Minghui is Assistant Director-General for Universal Health Coverage / Communicable and Non-Communicable Diseases at WHO. Previously, he worked on health policy and health reform in China's Ministry of Health, focusing primarily on health systems research in rural China and health insurance reform in urban China. Later on, his work focused on international health cooperation. He led a number of health committees and programmes, working closely with a variety of international partners.



Speaker

Dr. Denis Mukwege is a gynaecologist and human rights activist in the Democratic Republic of the Congo. He set up the Panzi hospital in Bukavu in 1999 as a clinic for gynaecological and obstetric care. For a long time, he was the only specialist in the region. The hospital and the affiliate Mukwege Foundation specialize in the treatment of victims of rape in times of war. To date, they have helped over 50,000 victims. He received the Nobel Peace Prize in 2018 for his work and activism in ending the use of rape as a weapon of war.



Panelist

Zaki Omari is the psychosocial support focal person within the Afghan Red Crescent Society. He is a psychosocial support master trainer and member of the MHPSS working group in Kabul. His job involves negotiating access for ARCS to conduct psychosocial support activities in conflict-affected areas. He is also responsible for coordinating and facilitating psychosocial support trainings for staff, volunteers and affected communities, and conducting support sessions for affected staff and volunteers. He works across Afghanistan's 18 provinces.



Panelist

Princess Mabel van Oranje, a global advocate for freedom, justice and development, is the initiator and chair of Girls Not Brides: The Global Partnership to End Child Marriage. She also is the founder and chair of VOW – to End Child Marriage and played a catalytic role in the creation of the Girls First Fund. She is a member of the (advisory) boards of Global Witness, the Jo Cox Foundation, the Malala Fund, the Sigrid Rausing Trust, and The Elders, as well as co-founder and chair emeritus of the European Council on Foreign Relations.



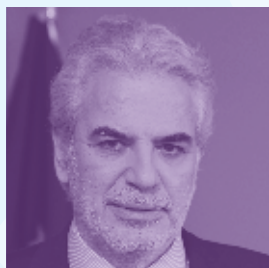
Panelist

Jeyatheepa Punniyamoorthy, who was trained as a community-based psychosocial worker, has worked with survivors of gender-based violence and other violations in Eastern Sri Lanka for over 16 years. Since her husband disappeared in 2009, at the end of a brutal 30-year war, she has visited over 200 detention camps, prisons and other sites to inquire about his fate. In 2016, she helped consult victims on the design of transitional justice mechanisms. In 2018, she became the only member of the Office on Missing Persons who had a family member disappeared.



Panelist

Marit Sijbrandij leads the Cross-cultural and Global Mental Health research group at VU Amsterdam. She is a principal investigator of several projects, including the EU STRENGTHS project for evaluating effects of WHO scalable psychosocial interventions, such as PM+, among Syrian refugees in Europe and the Middle East. With her research she aims to contribute to the development of effective psychological interventions for both common and more severe mental disorders, that are scalable in settings across the globe.



Opening speaker of
the commitment
statements session

Christos Stylianides is the EU Commissioner for Humanitarian Aid and Crisis Management. He comes from Cyprus and has a degree in dentistry. He became politically involved in 1998, when he started the Movement for Political Modernization and Reform. He was a member of the Cypriot House of Representatives from 2006 to 2013 and was the spokesperson for the Greek government from 2013 until 2014. He was a member of the European Parliament for a short period of time before becoming Commissioner.



Conference moderator

Fionnuala Sweeney is a former CNN anchor, communications director of Atlantic Institute, and Atlantic Fellow for Equity in Brain Health. For CNN, she anchored prime time news and reported on major events in Europe and the Middle East, including the Emmy and Peabody Award-winning coverage of the 2011 Egyptian revolution and the 2011 Emmy-nominated live coverage of the Libyan revolution. She presents RTE's Brainstorm, a radio discussion among university researchers of national, cultural and socio-economic trends.



Panelist

Elhaj As Sy is Secretary-General of the International Federation of Red Cross and Red Crescent Societies (IFRC). He has more than 30 years of experience working in the humanitarian aid sector, including for UNICEF and the Global Fund to Fight AIDS, Tuberculosis and Malaria. Since 2018, he is co-chair of the Global Preparedness Monitoring Board, set up by the WHO and the World Bank.

DAY 1

Breakout 1

Scaling-Up of Mental Health and Psychosocial Support During and After Emergencies: Lessons Learned across the World

Identifying and discussing positive factors and common barriers in scaling up services as well as lessons learned for future emergencies, using case studies from Bangladesh, Columbia and Niger.



Sarah Harrison is a technical advisor on MHPSS in emergencies with the IFRC Reference Centre for Psychosocial Support, and co-chair of the IASC Reference Group on MHPSS in Emergency Settings. She supports RC/RC National Societies in implementing and evaluating MHPSS programmes, leads humanitarian MHPSS working groups, coordinates the IASC MHPSS global work plan and facilitates trainings and workshops on the IASC Guidelines and associated documents. She has worked in the Caribbean, Asia, Africa and Western Asia.



Dr. Fahmy Hanna is a technical officer at the WHO Department of Mental Health and Substance Abuse, and co-chair of the IASC Reference Group on MHPSS in Emergency Settings. A psychiatrist by training, he has over 15 years of experience in mental health services and their development in low- and middle-income settings affected by complex emergencies. His main areas of work include providing technical assistance to countries on mental health during emergencies and supporting countries and WHO partners in scaling up mental healthcare.



Mohamed Elshazly, a psychiatrist, has around 15 years of experience in clinical mental health services, capacity building, and humanitarian mental health programmes with UNHCR, International Medical Corps and PSTIC in Egypt, Turkey, Iraq, and Bangladesh. As the MHPSS officer with UNHCR in Cox's Bazar he is now responsible with his team for mainstreaming mental health interventions within humanitarian response, particularly in health and protection, strengthening of community-based mental health initiatives, and scaling up brief psychological interventions.

Breakout 2

Workforce Development

Discussing the need to develop a competent workforce, learning from Liberia, Jordan and Haiti – particularly training and working with helpers who are not mental health specialists, supporting the workforce remotely and sustaining capacity for future emergencies and long-term recovery.



Alison Schafer is technical officer at the WHO Department of Mental Health and Substance Abuse. She leads a multi-year project to promote the quality scale-up of MHPSS programmes through a competency-based workforce development platform, EQUIP. She worked in international humanitarian aid in various contexts and crises, including Sierra Leone's Ebola crisis, the Syria conflict, the occupied Palestinian territories, the Haiti earthquake, the Sri Lanka tsunami and conflict, drought in southern/eastern Africa. Her PhD research explored MHPSS in South Sudan.

Brandon Kohrt is Associate Professor of Psychiatry and Behavioral Sciences, Global Health, and Anthropology,



and director of the Division of Global Mental Health at George Washington University. He has worked with children and families affected by war and political violence, disasters and other adversity around the world. His work also addresses reducing stigma

in healthcare settings to improve the quality of mental health services. He is the scientific lead for WHO's EQUIP initiative to establish competency frameworks and assessments for non-specialist providers of psychological treatments.

Breakout 3

Investment in Mental Health and Psychosocial Support: How to Increase Funding for Immediate and Longer-Term Needs?

Setting out arguments on why, what, how, and how not to invest in MHPSS, bridging humanitarian and development agendas; with topics including the need to make an economic case at country level and tools to help programming.



Dr. Dan Chisholm is programme manager for Mental Health at WHO/Europe. He works with partners to set up national policies and plans, and to provide guidance, tools and advocacy for mental health promotion and the development of prevention, treatment and recovery services across the life-course.

Previously, he worked on development and monitoring of global mental health plans and activities, and on analysis of the cost-effectiveness of strategies for reducing the impact of mental disorders. He has published widely in these areas.



Dr. Rabih El Chammay, a psychiatrist, heads the National Mental Health Programme at the Ministry of Public Health in Lebanon. He founded this programme and led its development. He is overseeing the implementation of the first National Mental Health and Substance Use Strategy 2015-2020 aiming at reforming

the Mental Health System in Lebanon towards community-based mental health services in line with human rights and latest evidence. He worked for a variety of international humanitarian agencies.



Sarah Kline is co-founder and Deputy CEO of United for Global Mental Health and leads the organisation's policy, advocacy and financing work. From 2012 to 2017, she worked with and for the WHO in a variety of roles, leading fundraising and communications on a range of topics including mental health, polio, Ebola and humanitarian emergencies. She also worked for the World Bank, the British Government, Oxfam GB and a range of other international development organisations.

Breakout 4

A Just and Inclusive Society: Supporting Societal Shifts, Addressing Stigma and Discrimination

Discussing justice and inclusion during and following humanitarian emergencies in practice, using personal stories and case studies.



Julian Eaton is Mental Health Director for CBM International and Co-Director of the Centre for Global Mental Health at London School of Hygiene and Tropical Medicine. He is a psychiatrist focused on public health, and his work involves promoting greater access to healthcare services, social inclusion, and realisation of rights for people with mental illnesses and psychosocial disabilities, especially in poor and marginalised communities. He lived and worked in West Africa for 15 years, including in Nigeria and Togo.

Breakout 5

Research and Innovation: Adapting to the Future of Mental Health

Discussing gaps between innovation, research and practice for MHPSS while emphasizing the use of locally appropriate evidence and involvement of people with mental health conditions.



Dr. Jura Augustinavicius (Canada) is an assistant scientist at the Johns Hopkins Bloomberg School of Public Health. Using both qualitative and quantitative methods, her research focuses on mental health assessment and intervention among populations exposed to adversity in low-resource settings. Her specific interests include mental health among conflict-affected populations, research-practice collaborations on mental health measurement and intervention in humanitarian settings, and mental health in the context of climate change.



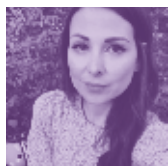
Dr. Wietse Tol is Associate Professor in Global Mental Health at the Johns Hopkins Bloomberg School of Public Health and the programme director of the Peter C. Alderman Program for Global Mental Health at HealthRight International. His research and practice focus on MHPSS interventions for adversity-affected populations in low- and middle-income countries, in particular on integrated interventions that address mental health and its social determinants. He regularly consults with UN agencies and NGOs on MHPSS needs assessment, monitoring, and evaluation.

DAY 2

Breakout 1

Children, Adolescents and Their Families

Discussing the gaps in MHPSS for children on the move, children affected by armed conflict, and children & adolescents in a digital age; with opportunities to engage with youth advocates from affected countries.



Zeinab Hijazi is MHPSS specialist with UNICEF's Child Protection in Emergencies Unit and provides program guidance and technical support to enhance UNICEF's approach to the provision of MHPSS for children and families in humanitarian settings. She has 14 years of experience supporting International Medical Corps' MHPSS programs in the MENA region, in addition to leading a global project to develop a toolkit for integration of mental health into general healthcare systems.



Dr. Mark Jordans, a child psychologist, is R&D director for War Child Holland and professor of Child and Adolescent Global Mental Health at the University of Amsterdam. His work focuses on the development, implementation and evaluation of psychosocial and mental healthcare systems in low- and middle-income countries, especially for children in adversities and in fragile states. He was a commissioner for the Lancet Commission Report on Global Mental Health and Sustainable Development and is also Reader, Child and Adolescent Mental Health in Humanitarian Settings, at King's College London.

Breakout 2

Delivering MHPSS in Public Health Emergencies: Specific Needs & Requirements

Developing core MHPSS strategies and guidelines informed by survivors of public health emergencies like Ebola Virus Disease and persons experienced in MHPSS delivery, policymaking and financing in public health emergencies.



Janice Cooper, the Carter Center Liberia's advisor on Global Mental Health, supports programme development and implementation. A native Liberian and health services researcher, she co-led the MHPSS pillar during the Ebola outbreak. She served on the Institute of Medicine's Committee on Clinical Trials During the 2014-15 Ebola Outbreak, and JHU's Expert Working Group on Ethics Issues in Public Health Containment for Ebola and other Infectious Diseases. She is a member of the Lancet Commission on Global Mental Health and Sustainable Development and of advisory boards of various other mental health institutions and media.



John Mahoney is Country Director of War Child in the occupied Palestinian territories and Member of the WHO International Expert Panel on Mental Health and Substance Abuse. As Senior Fellow of CIMH, School of Population Health, University of Melbourne, he supports developing countries to enhance their capacity in strategic and policy planning in mental health.

Previously, he held various managerial, executive and consultancy positions in national and international health organisations like NHS, WHO and UNWRA, addressing the needs of populations afflicted by conflict, diseases and natural disasters across the world.



Marco Gagliato is director of operations at MHPSS.net. He is a trained psychologist with extensive field experience responding to humanitarian emergencies. Over the past decade he has worked with a variety of national, international and supranational organisations in Gaza, Iran, Libya, Zimbabwe, Brazil and East Central Africa Region. He has completed various consultancies with UNICEF, WHO, International Medical Corps, Chemonics, CARE International and SOS Children's Villages, focusing on a range of management programmatic areas in humanitarian emergencies and protracted crises.



Sarah Kline is co-founder and Deputy CEO of United for Global Mental Health and leads the organisation's policy, advocacy and financing work. From 2012 to 2017, she worked with and for the WHO in a variety of roles, leading fundraising and communications on a range of topics including mental health, polio, Ebola and humanitarian emergencies. She also worked for the World Bank, the British Government, Oxfam GB and a range of other international development organisations.

Breakout 3

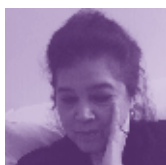
Protection and Promotion of Mental Health and Wellbeing of Staff and Volunteers in the Face of Trauma, Hostile Environments and Chronic Stress

Discussing field experience of supporting the wellbeing of staff and volunteers in complicated working situations; exploring multi-layered approaches that consider both context and organisational challenges and seek an integrated approach to enhance support and care in organisations.



Nana Wiedemann, a specialist in psychotraumatology, is director of the IFRC Reference Centre for Psychosocial Support. This centre provides technical support, capacity building, research and knowledge management, training and communication, and advocacy for 191 Red Cross and Red Crescent Societies.

She has over 20 years of experience with health psychology and community-based psychosocial interventions in development and humanitarian settings. She represents IFRC in various international committees and advisory groups.



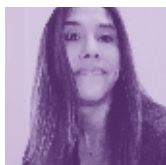
Winnifred Simon, director of Antares Foundation, Amsterdam, leads an international team of psychologists and psychiatrists who conduct stress management workshops in the field and give psychosocial support to teams and individuals after crises and in chronically stressful work contexts. She supports

management of NGOs in developing psychosocial systems for staff and enhancing a supportive working climate. Previously, she set up and led the Psychosocial Care and Trauma Prevention Unit MSF Holland. She has a background in linguistics, education and clinical psychology.

Breakout 4

A Just and Inclusive Society: Addressing Gender-Based Violence

Discussing various mental health and psychosocial needs related to gender-based violence, as well as recommendations on how to increase access to support for survivors.



Milena Osorio, a clinical psychologist/psychotherapist, is MHPSS programme coordinator at ICRC, leading and providing technical support to professionals in 130 mental health programmes worldwide. She has extensive field experience in designing and implementing mental health humanitarian programmes. She specialized in the implementation of such programmes for victims of violence and sexual violence, separated family members, relatives of disappeared persons, persons with physical disabilities and war wounded, among many other vulnerable groups from diversified socio-cultural contexts.



Guglielmo Schinina is head of Mental Health, Psychosocial Response and Intercultural Communication at the International Organisation for Migration, and co-directs the Summer School in Psychosocial Interventions in Migration, Emergency and Displacement at the Scuola Sant'Anna in Pisa. In his career he has managed psychosocial support programmes and has conducted MHPSS trainings in more than 40 countries in Europe, Africa, Asia, the Middle East and the Caribbean. His personal and academic research focuses on integrated MHPSS supports in emergencies and social theatre for community mobilization.

Breakout 5

Mobilising and Supporting Displaced and Host Populations within Communities

Focusing on the need for comprehensive, sustainable and community-driven approaches that meet the mental health and psychosocial needs of both displaced and host populations.



Ananda Galappatti is a medical anthropologist and practitioner in the field of MHPSS in situations of conflict, disaster and poverty. For over 20 years, he has worked to improve access to knowledge and skills, build collaborative networks and enhance coherence within the field in Sri Lanka and globally.

He is co-director of the global online platform MHPSS.net and director of strategy at The Good Practice Group, a social business for developing MHPSS services. He also serves as a technical advisor on psychosocial support at GIZ Sri Lanka.



Peter Ventevogel, a psychiatrist, is a senior mental health officer at UNHCR, supporting UNHCR country operations to integrate mental health in their work. He is involved in operational research on scalable psychological interventions in refugee settings. He was a lead author of the mhGAP Humanitarian

Intervention Guide (WHO/UNHCR, 2015), and co-lead for MHPSS in the 2018 Sphere Handbook revision. He has 18 years of experience in MHPSS in international humanitarian settings with UN agencies and NGOs. From 2008-2012 he was editor in chief of the *Intervention*, a journal on MHPSS in conflict-affected areas.

Connect & Exchange

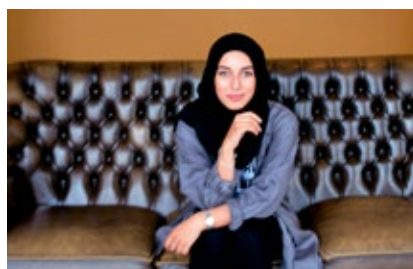
On both conference days, alongside the plenary and breakout programme, humanitarian organisations providing MHPSS in crisis situations will be showcasing their activities in the Basement and in some Breakout rooms. Feel free to drop by at any convenient time before, between or after sessions.



Monday only - Basement

MHPSS in a Child Friendly Space

Ask people working with SOS Children's Villages all about the Child Friendly Spaces (CFS) method. Have Mercy Corps staff present you with a VR experience aimed at children in remote areas. A wall containing drawings made in the CFS shows a course from entry (trauma) to being able to process and see a new perspective.



Monday only - Basement

14.00, 15.00, 16.00, 17.00, 18.00

Duration 30 minutes

Speed dialogues with young people

Come to the War Child stand to have a five-minute conversation with any of six young people from conflict zones about mental health challenges in their countries and how we can support them. The key points of the discussions will be captured and shared at the working session on children, adolescents and their families.



Monday & Tuesday - Basement

STRENGTHS Consortium

Get a taste of various scalable psychological interventions that have been developed, adapted, tested and implemented worldwide by WarTrauma Foundation, VU Amsterdam, IFRC and UNHCR for populations affected by adversity in low- and middle-income countries. Gain a better understanding of how they complement and differ from each other.



Departures:

Monday 10.45, 12.30, 14.00

Tuesday 11.45, 14.45

Please register in advance at the conference registration desk; duration of visit approx.

1 hour

Clubhouse guided tour and brainstorm

Visit nearby clubhouse De Waterheuvel, Amsterdam Community for Mental Health, with a short guided tour.

Attend a brainstorming session on how to apply the Clubhouse Model in crisis areas as a place where people suffering from severe mental illness feel safe, appreciated and accepted as human beings.



Monday & Tuesday - Marble Hall,
phone-charging booth

Joep Lange Institute, Achieving Better Health, Stichting Vluchteling

Considerable mobile and smartphone availability among refugees has the potential to revolutionise healthcare in crisis settings, providing access to medical data and a world of digital treatment options and decision support for health workers. Stop by to chat with your own personal digital therapist.



Monday & Tuesday - Basement

Frontline mental music support

Connect by Music brings music to the refugee camps of Greece. It provides psychosocial support to people suffering from traumatic experiences, with a strong focus on unaccompanied minors, using a specific music programme, which also helps refugee communities and the local community bond. Students are given an instrument and regularly perform at concerts together with professional musicians.



Monday during lunch break

(12.45 – 13.15) and drinks

(17.15 – 18.30) - Breakout 1

Tuesday during lunch break

(12.00 – 13.00) and afternoon break

(15.00 – 15.30) - Breakout 1

TeamUp experience

Take the opportunity to experience that play can be more than play: TeamUp, developed by War Child, Save the Children and UNICEF Netherlands, offers structured sports, games and movement-based activities that help refugee children aged 6 to 18 from diverse cultural backgrounds deal with their emotions, experience positive contact with peers and eventually bond.



Tuesday only - Basement

Psychological first-aid game crash course

The Netherlands Red Cross, Light for the World and KIT Royal Tropical Institute, with the support of the IFRC PS Centre, have developed a live board game and support games to teach psychological first aid (PFA). Test and practice a few basic PFA skills in a friendly and safe manner and take home key lessons on PFA.



Tuesday only - Basement

Please note that this presentation is not suited for people with lived experience

The Right Choice

Immerse yourself in a virtual reality experience that places you next to a Syrian family trapped inside their home during relentless urban warfare. Feel forced to make split-second decisions in a life-or-death situation: should you run, hide or stay put? Afterwards, you will be debriefed by one of the ICRC team members present.



Tuesday only - Basement

'I'm just a little bird who can touch the sky' – Mukwege Foundation

Write a message in solidarity with survivors of conflict-related sexual violence, and then craft and hang paper birds – symbols of the SEMA Global Network – in an elevated net. Have a guided tour, using headphones available at the cloak room. Watch videos of survivors and listen to a song performance by SEMA members. After the event, we will present these messages to the survivors.



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