



Rijksoverheid

# Information on coronavirus testing for tourists visiting the Netherlands



**If you have symptoms,  
get tested and stay at your  
holiday accommodation**

**alleen samen krijgen we  
corona onder controle**

## Hello,

Today you were tested for coronavirus. Thank you for getting tested. Below you'll find information regarding your test results and what to do in the days ahead.

### Until you get your test results, it's important that you:

- Stay inside your holiday accommodation and self-isolate.
- Do not go outside.
- Do not receive visitors except the doctor, if necessary.
- Stay 1.5 metres away from your family members or other travel companions.
- Wash your hands often, cough and sneeze into your elbow and use paper tissues.
- Make sure you're available by phone to receive your test results.
- Make a list of everyone you've had contact with recently within 1.5 metres for a minimum of 15 minutes.

## What is allowed?

- You and your family members and other travel companions can be in the same holiday accommodation. But you should stay at least 1.5 metres away from them, if possible.
- You can sit in your garden or on your balcony if your holiday accommodation has one.
- Have someone else do your shopping for you. When they bring your groceries, stay at least 1.5 metres away from them.

## Test results are usually ready the next day

You will be informed of your test results by phone as soon as possible.

- **If the results are positive, you have coronavirus (COVID-19).** Continue to follow the rules: stay inside your holiday accommodation, do not receive visitors and stay 1.5 metres away from others. Members of your family and other travel companions must also stay inside; this is what is called 'quarantine'. The municipal health service (GGD) will contact you to go over the rules and start the contact tracing process. You will be asked who you've been in contact with in recent days. More information about contact tracing is available on the next page.  
It is your own responsibility to make sure that you can stay at your holiday accommodation or that

you arrange another suitable accommodation throughout the period of self-isolation. You will have to cover these costs yourself, the costs will not be reimbursed. The municipal health service (GGD) will inform you about the requirements of your accommodation. They will also tell you what to do if you are not able to find a suitable place to stay. You and your travel companions are not allowed to travel. This includes traveling back home.

- **If the results are negative, at the time of testing you did not have coronavirus.** You no longer need to stay inside unless you've been in contact with someone who has been tested positive for coronavirus. In that case, stay inside your holiday accommodation for the remainder of the 10-day quarantine period. Even if your results are negative, the same basic rules that apply to everyone still apply to you: stay 1.5 metres away from others, wash your hands often, cough and sneeze into your elbow and use paper tissues. If you experience coronavirus-like symptoms again in the future, stay inside your holiday accommodation and make another appointment to get tested by calling 0800-1202 (or +31 850 659 063). If you get increasingly more ill and your health complaints get more severe, contact a doctor.

## All travel companions must stay inside the holiday accommodation if:

You or any of your travel companions have severe symptoms such as a high fever or shortness of breath and haven't received the results of your test yet. If your test results show you do not have coronavirus, they can go outside again. If your test results are positive, your travel companions must also stay inside the holiday accommodation, even if they themselves do not have any symptoms. They can go out only to shop for essentials.

## What do I need to do for the contact tracing?

While you're waiting for your test results you can already start making a list of people you have had contact with in recent days. Write down the names of the people you were in contact with for 15 minutes or more at a distance of less than 1.5 metres starting two days before your symptoms appeared and up to the time you began self-isolating. For example: if your symptoms began on Wednesday, write down the names of the people you were in contact with at a distance of less than 1.5 metres from Monday onwards. If you test positive for coronavirus the municipal health service (GGD) will decide whether any of these people might need to be tested.

## Additional information

For more on coronavirus testing, see

[www.government.nl/coronavirus-test](https://www.government.nl/coronavirus-test)

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