



Quarantine declaration

If you become infected with coronavirus abroad without knowing it, you could transmit the virus to others in the Netherlands. This is why you are required by law to quarantine upon arrival in the Netherlands if you arrive from a very high-risk area. You must be able to show this quarantine declaration to the authorities or the transport provider (bus/coach, train, airline, ship/ferry). If requested, you must hand this declaration to the airline or ferry service you are travelling with. This means that you must have a printout of your completed quarantine declaration with you during your journey. Misuse of this declaration is a criminal offence. The quarantine requirement does not apply to travellers who fall under one of the exemption categories.

More information about mandatory quarantine

To find out more, go to [Government.nl/mandatoryquarantine](https://www.government.nl/mandatoryquarantine) or call 0800 1351.

1 Personal details

Initial(s) and surname: _____

Date of birth: _____

2 Exemption or mandatory quarantine

Indicate below whether you fall under an exemption category or are required to quarantine.

I declare that I fall under the following exemption category (*fill in the category; see [Government.nl/mandatoryquarantine](https://www.government.nl/mandatoryquarantine)*):

_____ and can prove this by presenting the following supporting document:

_____ at the request of the authorities or the transport provider. *Go to step 4.*

I declare that immediately after arriving in the Netherlands on (date) _____ from (country/region):

_____ I will begin quarantining at the following address and I know that a quarantine supervision officer must be able to reach me at this address during the quarantine period.

Street and house number: _____

Postcode: _____ Town/city: _____

Telephone number where you can be reached during your stay in the Netherlands: _____

Additional information about contacting you: _____

Please also provide your home address (if different from the address at which you will be quarantining):

Street and house number: _____

Postcode: _____ Town/city: _____

3 Quarantine period (for mandatory quarantine only)

I will quarantine for at least **5 days** and will remain in quarantine until I have a negative COVID-19 test result. I will make a test appointment with the GGD when I arrive in the Netherlands by phoning 0800 1202 (+31 850 659 063 from abroad). I will quarantine for **10 days**, because I cannot or do not want to take a test on day 5 (in which case I do not need to make a test appointment with the GGD).

4 Honesty declaration

I declare that I have completed this quarantine declaration fully and truthfully.

Place: _____ Date: _____

Signature (*only necessary if you are able to sign*): _____